PRE-OPERATIVE INSTRUCTIONS FOR

Children’s Dentistry Asleep

Dr. Robert Marciniak, BSc, DMD, MSc (Dental Anesthesia)

1-271 Ingram Street, Duncan BC
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Before your appointment

Nothing to eat or drink after midnight, the night before your child’s appointment (no mints or gum either). Food in the stomach may cause vomiting during anesthesia and may lead to a medical emergency.

After midnight, your child can ONLY have clear fluids up till 3 hours before your child’s appointment time.

For those three hours before your child’s appointment, he/she is not allowed anything, NOT EVEN A SIP OF WATER.

✔ CLEAR FLUIDS

• Clear Apple Juice
• Ginger Ale
• 7UP
• Gatorade
• Water

(DRINKS YOU CAN CLEARLY SEE THROUGH)

✗ NOT CLEAR FLUIDS

• Orange Juice
• Drinks with Pulp
• Milk

(DRINKS YOU CANNOT CLEARLY SEE THROUGH)
Arrival at the office

Please arrive at least 1 hour prior to your appointment. This will allow the numbing cream, that we will place on your child’s hand, time to work.

We allow ONE parent to accompany your child while he/she goes off to sleep. Your child will sit on the side of the dental chair while you hug him/her while together watching a movie on a mobile screen.

With your child’s hand behind your back, Dr. Robert Marciniak gently places an intravenous catheter in the area that was numbed.

Once the IV is in place, the medications are given to put the child off to sleep. They work very quickly (typically a few seconds), the child will fall asleep in your arms (hold him/her tight so he/she doesn’t fall) and we gently lean him/her back onto the chair.

If for any reason we cannot start an IV right away, the child will be put to sleep breathing a mask. This typically takes 30 seconds and the parent will be asked to come close to hold the child’s hand to reassure him/her.

Monitoring

Dr. Robert Marciniak will be monitoring your child the entire time while Dr. Amy Tseng concentrates on the dentistry. After the dentistry is completed, we will take your child to our recovery room where we will let him/her sleep and wake up slowly. We will continue to monitor your child throughout this time. Once your child starts to wake up, we will come and get you so you can be with your child.
Recovering from your Anesthetic

Following an anesthetic, a child will be dizzy, disoriented. His/her mouth will feel different, and he/she may not necessarily wake up in a good mood, and may cry. This is normal, and not the result of pain. While asleep, your child will be given medications to ensure that he/she will be comfortable on wakening.

A responsible adult must accompany your child home to rest. Plan to drive or take a taxi home. We do NOT allow you to take public transit after an anesthetic.

A responsible adult must be with your child for the remainder of the day.

After the anesthetic you should go directly home. Even though he/she may feel fine and may want to go out and play, it is important that your child rest at home for the remainder of the day.

Your child can eat and drink when he/she feels ready after arriving home. Check with your dentist if there are any food restrictions due to the dental work.

Please feel free to call Dr. Robert Marciniak at any time if you have any questions or concerns after your child’s anesthetic.